



Recovery Coaching Agreement

Participant: _____ DOB: _____
Email: _____
Address: _____
Cell phone: _____ Recovery Coach: _____

This agreement is between _____, his/her family member(s)/significant others and Herren Wellness. The start date of Recovery Coaching services is: _____.
The cost of 12 months of Herren Wellness Recovery Coaching is \$5000.

RECOVERY COACHING DEFINITION AND PURPOSE

Recovery Coaching is a service for individuals and families who desire assistance from Herren Wellness to provide supports that may be necessary to improve the likelihood of sustaining abstinence and improving overall life functioning. Recovery Coaches are familiar with resources that can advance recovery. Coaching is not a professional clinical service, does not guarantee that a person will sustain remission from their addiction, and does not replace any treatment arrangement established by the individual with an experienced addiction counselor or program.

HERREN WELLNESS RECOVERY COACHING SERVICES

Herren Wellness Recovery Coaches will continue to support you in your recovery. The services under the terms of this agreement may be provided in face to face sessions, by telephone, email, texting, telehealth and other communications and include:

- Continuation of a Recovery Wellness Plan for life goals (abstinence, work, school, etc.)
- Meetings to review progress and compliance with recovery wellness plans
- Integration into Herren Wellness Alumni activities
- Monthly family meetings
- Coordination with other professionals involved with your treatment.

PARTICIPANT RESPONSIBILITIES

- I understand and agree that the decisions I make in the recovery coaching program are mine and not solely the responsibility of my Recovery Coach.
- I agree to keep appointments made on my behalf and if unable to, I will notify my coach.
- I agree to have open and honest communication with my Coach.
- I agree to submit to a urine drug testing or alcohol breath testing at request of Herren Wellness staff.
- I agree that I will not hold my Recovery Coach or Herren Wellness legally responsible for decisions I make or actions I take.

CONFIDENTIALITY

Recovery Coaches will honor privacy to the extent possible while still ensuring the safety of the participant. We will communicate with other Herren Wellness staff involved with treatment and will advise family/significant others of events that we believe constitute emergency or life-threatening circumstances including a resumption of drug and/or alcohol use.

ACKNOWLEDGMENT AND SIGNATURES

I acknowledge and understand the terms of the Recovery Coaching services as detailed above.

Participant Signature: _____ Date: _____
Herren Wellness Coach Signature: _____ Date: _____